



PRESS RELEASE

For immediate release

School Break on the Plains

Winter activities for the whole family!



Québec, February 21, 2014 – During school break, the National Battlefields Commission has a week full of activities for you at little or no cost on the Plains of Abraham. With the Snowshoer Family Outing, Odyssey multimedia exhibition, foot rally, plus cross-country skiing, snowshoeing, and skating, there's something for the whole family!

Snowshoer Family Outing

Pull on your tuques, mitts, sashes, and traditional snowshoes and relive the winters of bygone days with this fascinating



snowshoe outing on the Plains. Travel back to another time with our storyteller, who will explain how people got through winter in the early 20th century. You'll learn about things like making the famous ointment used to prevent frostbite and hear other tips and anecdotes as you travel between stops and stations along the way.

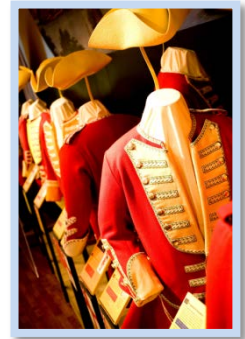
The activity starts at the Discovery Pavilion with a brief introduction. Actual snowshoeing lasts about 60 minutes and ends with a story over a nice cup of hot chocolate!

- ❄ In English: available for groups of 9 or more, at any time.
- ❄ In French: **March 3, 4, 5, 6, and 7 at 2 p.m.**
- ❄ Cost: \$11/age 6-12, \$13/age 13 and over.
- ❄ Approximate length: 105 minutes, including 60 minutes of snowshoeing.
- ❄ 1 (one) guide.
- ❄ Snowshoes, sashes, and hot chocolate included.
- ❄ Reservation required: 418-649-6157/1-855-649-6157.

The Odyssey Multimedia Exhibition *2 for 1*

Make a virtual journey 400 years back in time through the magic of multimedia. Follow in the footsteps of the first European explorers, dive into the heart of the conflict that led from the French dream to the British occupation, and witness the very founding of the country.

- ❄ Every day from 9:30 a.m. to 5 p.m., March 1 to 9.
- ❄ At the Plains of Abraham Discovery Pavilion.
- ❄ Two-for-one admission: \$10/age 18–64, \$8/age 13–17 or 65 and over.
- ❄ Free for children 12 and under accompanied by an adult.



Foot Rally *free*

Discover the history of the Plains of Abraham with a foot rally for the whole family. You'll find some twenty questions on themes related to the park's main attractions. Where was Montcalm born? How many firing ports are there on Québec's Martello towers? What year was the 250th anniversary of the Battle of the Plains of Abraham? Discover the park at your own pace, as a family!

- ❄ Monday to Friday 8:30 a.m. to 5 p.m., Saturday and Sunday 9 a.m. to 5 p.m.
- ❄ Q&A form available at the Discovery Pavilion or on our website in the [school break](#) section.

Cross-country Skiing, Snowshoeing, and Skating *free*



Enjoy winter sports for free at a captivating and accessible site and admire dazzling views of the St. Lawrence River. Skate around the ice oval on the Plains of Abraham, ski the beginner and intermediate groomed cross-country trails (12.6 km), go snowshoeing (3.8 km return), or enjoy a nice walk (5.6 km). A waxing room, two heated shelters, and a skaters' chalet are also at your disposal.

- ❄ Ski conditions (hotline): 418-648-4212
- ❄ Ski and snowshoe rental: 418-648-2586 (Discovery Pavilion)
- ❄ Skate rental (skaters' chalet): 418-522-1666

Information

Discovery Pavilion of the Plains of Abraham
 835 Wilfrid-Laurier Avenue, level 0, Québec
 418-649-6157 / 1-855-649-6157
www.theplainsofabraham.ca

