



Government of Canada
The National Battlefields
Commission

Gouvernement du Canada
Commission des champs
de bataille nationaux

PRESS RELEASE
For immediate release

Spring break **Lots of family fun on the Plains of Abraham**

Québec, January 24, 2011 – From next March 5 to 13, take part in the assortment of family activities the Plains of Abraham has to offer, indoors as well as outdoors. Enter in a rally, follow one of the cross-country skiing, snowshoeing or walking trails, visit a winter camp or a fascinating, out-of-the-ordinary multimedia exhibition. After all, the Plains of Abraham are Québec City's greatest playground!

OUTDOOR ACTIVITIES

Winter pedestrian rally



Enter in a family outdoor rally to discover the Plains of Abraham's history and mysterious past. Why does Joan of Arc have a garden named after her? What were the Martello towers used for? Who was Edwin Bélanger? Unravel several mysteries while discovering the park with your family.

Monday to Friday, from 8:30 a.m. to 5:00 p.m.; Saturday, from 9:00 a.m. to 5:00 p.m.; Sunday, from 10:00 a.m. to 5:00 p.m.. Free.

Questionnaires are available at the Discovery Pavilion of the Plains of Abraham (point of departure of the rally), or at www.lesplainedabraham.ca in the *Activities and Exhibitions* section, under the *Special activities* section (see spring break).

Winter sports: cross-country skiing, snowshoeing and walking

The park has everything to please outdoor buffs. You can travel, free of charge, the 12.6 km of marked trails that can be used both for classic cross-country skiing or ski skating. As for snowshoeing devotees, there is a 3.8 km round trip trail running along Cap Diamant that promises an unusual foray in the heart of Québec City. Finally, for those who prefer a walk, there are 5.6 km of winding trails in the park. Two heated rest spots, as well as a waxing room, are open to visitors.



What if you don't have your own equipment? Children and adults can rent for a small cost, cross-country skis and snowshoes, at the Discovery Pavilion of the Plains of Abraham. This service is offered everyday from 10:00 a.m. to 4:30 p.m. by *The Friends of the Plains of Abraham*.

Everyday. Free.

Automatic info-line on trail conditions: 418 648-4212.

Equipment rental (cross-country skis and snowshoes): 418 648-2586.

Trail Guide available in the park and online.



Snowshoer's Walk

With your guide Amédée Fournier, a snowshoer from this past century, take part in an out-of-the-ordinary snowshoe excursion. By lantern light, you will learn about the history of the leisure activities and sports that formerly took place on the Plains of Abraham. Traditional snowshoes, arrow sashes, lanterns and hot chocolate included.

March 5, at 7:00 p.m. (in French)

Fees: \$17/13-64 years old, \$15/8-12 years old, 65 years old and over.

Reservations required: 418 649-6157.



Winter military camp in New France

During a single day, relive the living conditions of 18th century soldiers during the winter military campaigns. Behind the Discovery Pavilion of the Plains of Abraham you will find the camp of some ten militiamen and soldiers dressed in uniforms of the period, who represent the forces of the colony .

March 5, from 11 a.m. to 5:00 p.m. Free.



INDOOR ACTIVITY

Odyssey Multimedia Exhibition

Be a witness to the major influence of the Plains of Abraham in the country's history: from the birth of New France to the park as we see it today. A 400-year virtual journey offering a mix of multimedia technology, special effects, animatronic character and interactive games, all to fill the entire family with wonder.

Everyday, from 10:00 a.m. to 5:00 p.m., at the Discovery Pavilion of the Plains of Abraham.

Fees: two admissions for a single price (regular fees: \$10/adults, \$8/13-17 years old or 65 years and over). Free for children 12 or under, accompanied by an adult.



INFORMATION



Discovery Pavilion of the Plains of Abraham
835, Wilfrid-Laurier Avenue, level 0, Québec
(same address as the tourism information office)
Information: 418 649-6157
www.theplainsofabraham.ca

Parking is available behind the Pavilion (there is a charge), and there is a place to eat inside the Pavilion (bring a snack, vending machines are available on site)

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