



PRESS RELEASE
For immediate release

Enjoy school break week With your family on the Plains!

Québec, February 22, 2012 – From March 3 to 11, take part in a host of indoor and outdoor family activities on the Plains of Abraham: cross-country skiing, snowshoeing, walking, rally and visit of a multimedia exhibition. This is what the National Battlefields Commission is proposing to both children and adults, who will no doubt be delighted by these various activities. School break on the Plains for a small price, what do you say?

Outdoor activities

Snowshoer's walk



Slip on your caps, mittens and snowshoes and lift the veil from the Plains of Abraham winter sports. In the company of Amédée Fournier, an early 20th century snowshoer, relive the Belle Époque of these tours. Here is a unique recreational activity that will make you shiver with delight. Traditional snowshoes, arrowhead sashes, lanterns and hot chocolate included.

Reservations required, places limited: 418 649-6157.

March 3, at 7:00 p.m.; \$17/13-64 years old; \$15/8-12 years old or 65 years old and over.

[For more details: Sports and leisure](#)

Cross-country skiing, snowshoeing and walking **free**

Treat yourself to nature in the heart of Quebec City: 12.6 km of groomed trails for classic cross-country skiing or ski skating (beginner or intermediate), 5.6 km for walkers and, for snowshoers, a 3.8 km groomed loop trail running along Cap Diamant up to Gilmour Hill. Visitors have access to a waxing room (on the sports grounds) and two heated stops: at the Discovery Pavilion and at the Pavilion (near the Edwin-Bélanger Bandstand). [A trail map](#) is available in various service points of the park and on the Internet.



"The Friends of the Plains of Abraham" offers a cross-country ski and snowshoe rental service (\$), every day from 10:00 a.m. to 4:30 p.m., at the Discovery Pavilion. Information and prices: 418 648-2586.

[For more details: cross-country skiing and snowshoeing](#)

Winter pedestrian rally **free**

Take part in this family rally and discover the history of the Plains of Abraham by approaching fascinating subjects: What was the role of the governor to whom we owe the famous trophy of the Canadian Football League? What is Joan of Arc doing on the Plains? Who was Edwin Bélanger? Y Is there a haunted labyrinth in the Martello towers? Who is the person who gave his name to Gilmour Hill?

Rally leaves from the Discovery Pavilion of the Plains of Abraham. Questionnaire and answers available on site or via the Internet. Monday to Friday: from 8:30 a.m. to 5:00 p.m.; Saturday: from 9:00 a.m. to 5:00 p.m.; Sunday: from 10:00 a.m. to 5:00 p.m.

[Download the rally](#)

Indoor activity

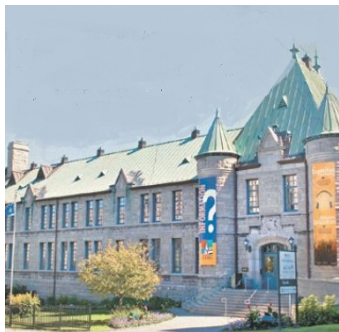
Odyssey Multimedia Exhibition **2 for the price of 1 special**

Embark on a 400-year virtual journey with Odyssey, a trendy multimedia exhibition on the Plains of Abraham, unique to Québec City. Thanks to the magic of multimedia, you will follow in the footsteps of the first European explorers, immerse yourself into the conflict that led from the French dream to the British occupation, and attend the country's foundation in person.

Every day, from 10 a.m. to 5:00 p.m. Cost (two admissions for the price of one): \$10/adult, \$8/13-17 years old, or 65 years old and over. Free for children 12 and under accompanied by an adult.

[For more details: Odyssey](#)

Information



Discovery Pavilion of the Plains of Abraham

835, Wilfrid-Laurier Avenue, level 0, Québec
(same address as the tourism information office)

418 649-6157

www.theplainsofabraham.ca



Cross-country ski trails conditions: 418 648-4212

Equipment rental (skis and snowshoes): 418 648-2586

Snowshoer's walk (reservations): 418 649-6157

Space is available indoors for lunch (bring a snack). Parking (for a fee) is available behind the Discovery Pavilion of the Plains of Abraham.

